

Short Island Peak Climbing



Introduction

Island Peak 6189m is the most attempted and successfully climbed (trekking peak) in Nepal over 6000m. Alpine Asian Treks and Expedition P Ltd tailored the **Short Island peak Climbing** itinerary thinking of those who would like to do the trekking part themselves and willing for support only to the climbing section from Chukung to Summit. The trekking from Lukla to Chukung offers relatively easy trekking trail with good lodges to stay and meals. Short Island peak Climbing dose not mean that you have not time enough to attempt or we are are making a hard days. The climbing part is regular as all other climbers does. Once you arrive in Chukung our guide will welcome you and check you in to the lodge. If you arrive early enough (around noon) at Chukung then your guide will give you some

instruction of climbing, the technical difficulties and safety instruction. The next day, wake up and take a breakfast at the lodge. After breakfast gear up and walk to the rock nearby. Your climbing guide will first introduce the climbing supporting equipment and personal equipment. Later he will demonstrate by doing himself and let you try under his inspection. When you will be confident to use the gears properly, stop for today and back to lodge. Enjoy lunch and take a rest. This climbing involves one steep and exposed 100 m ice or snow climb, otherwise its non-technical snow climb is enjoyable and offers some of the most striking scenery in the Khumbu. **Climbing in Spring:** March to May is the best time to scale the 619m Island Peak. This season will have clear weather, not much cold. **Climbing in Autumn:** October to November is another best time to scale the 619m Island Peak. This season will also have clear weather and, not much cold. **Climbing in Winter:** Winter cold be under -30 or below. There could be snow or bad weather with poor visibility. But there still some people who have made it in winter. **Climbing in Summer:** Generally, summer has cloudy days which has no good views. **Climbing permit (NMA Group B Peak):** Permission to climb the peaks will be granted for a period of one month only. March - April- May US\$250/ person September-October-November US\$125/ person December-January-February US\$70/ person June- July- August US\$70/ person As per the decision of Nepal Government, secretary-level dated 2071/1/16, the insurance amount for sardar, mountain guide and high altitude worker fund is fixed as Rs 1.5 million. Similarly, medical insurance is fixed as Rs 4 hundred thousand. Mountain Heli-rescue of 10000USD is mandatory. The Maximum number of members in one team is 15. Garbage deposit to acquire climbing permit will be US\$ 500.00. (US\$ five hundred). The refund shall be made as per the provisions of NMA. **Other required permits** Sagarmatha National Park Permit NRS.3395/ person single entry. Trekkers Information Management System TIMS Rs.2000/ person single entry. Local municipality tax Rs.2000/ tourist (this tax have been collected from September 2017) Beside the **Short Island Peak Climbing** itinerary, we also organize full course of 14 days. Fly to Lukla-Phakding- Namche- Tengboache- Dingboache -Chukung- Island Peak Base Camp- High Camp and return. Further, we can add [Everest Base Camp Trek](#) with Island Peak Climbing as well as on request.

Trip Facts

Trip Duration	4 Days
Trip Grade:	Challenging
Best Season	March-may, Oct - November
Per Day Hiking:	5-6 hr
Elevation	6189m
Accomodation	Guest House/ tented camp

Itinerary Details

Day 01: Meet you in Chukung 4750:

This must be your second day in Chukung. Chukung is the last village while going towards the Island Peak. We will provide you the details of our guide and meeting place while meeting you in Kathmandu at our office. Your climbing guide will be waiting to you there. After your breakfast your climbing will take you to do some practical about using climbing gears, safety briefing and route informations. He will demonstrate how to use the equipment with some basic knowlledge about using rope and etc. Back to gues thosue and enjoy dinner and night rest.

- Take care by climbing Guide
- Lunch and dinner from local guest house
- Over night at local guest house

Day 02: Trek to Base Camp 5150m:

Take a breakfast at guest house in Chukung and hike to Base camp. You may feel difficulties breathing but this should be normal at this high elevation. Our staff will fix the camp and prepare lunch. After lunch, your climbing guide will give you more information about climbing and other related things. Your crew will prepare dinner and after dinner night rest at camp.

- Taken care by guide and porter
- Breakfast, lunch and dinner from our kitchen
- Over night at the tent.

Day 03: Trek to High camp 5500m:

After breakfast at base camp, you will trek to high camp. Our staff will fix the camp. They serve the lunch and you can start preparing for tomorrow. Your climbing guide will work about the climbing route and fix some rope to make easy tomorrow. Attempting from high camp gives you feeling of the successful ascent of Island Peak. Evening back to camp and night rest.

- Taken care by guide and porter
- Breakfast, lunch and dinner from our kitchen
- Over night at the tent

Day 04: Summit and back to Base Chukung:

This is a big day. Wake up early in the morning and have early breakfast. pack your day pack (climbing food, hot water and other climbing gears and start climbing. Your guide will be in the lead. The first part is a bit steep and some crevasse. The final part is gradually rising to the top. Summit the peak, take photograph, experience the giant Himalayas above 6000m and back to base camp.

- Taken care by climbing guide
- Breakfast and dinner from our kitchen.
- You will carry your lunch and water with you.
- Over night at the tent

Cost Includes :

- Breakfast, Lunch and Dinner whilst while in camping
- Applicable trekking and climbing permits and fees
- Camping equipment including 2-man tents, sleeping mat while in camp
- Trekking staff including Climbing guide and porter
- Kitchen and utensils for our 3 day camp.
- Comprehensive First aid medical kit with the guide.

- Insurance for the trekking staff. (insurance as per state law)
- All the government tax and our (AATE) service charges.

Cost Excludes :

- Meal, logistic, guide or porter while trekking
- Personal [climbing equipment](#) (they can be hire in Chukung as well as)
- Domestic and International flights, Visa and passport fees (we can buy your ticket to Lukla and return on request.
- Travel insurance and [Emergency evacuation](#)
- Tips and gratuities (crew will expect the tipping)
- Costs arising from unforeseen events outside the control of **AATE**.
- Personal expenses such as drinks, postage, laundry
- Your travel insurance (for travel, cancellation, accident, health, emergency evacuation and loss of life, theft of or damage to personal effects).
- Costs arising from unforeseen events outside the control of AATE.
- All other services not included in the “cost includes” section above.