

Bhutan Jomolari Trekking



Introduction

Bhutan Jomolari trekking is the most popular trek in Bhutan. This is an opportunity to explore Bhutanese culture and Himalaya in a single visit. The trek starts at 2500 and hikes to 5000m which offers a wide range of landscapes, fauna and flora and a spectacular view of Mount Jomolhari from Jomolhari Basecamp (Jangothang) and Mt. Jichu Drake. This is a camping adventure trek in a Bhutanese with the tented camp. Bhutan Jomolari Trekking remains close in a deep winter. You will require a good physical condition to do this trek. You are advised to bring [comfortable articles of trekking equipment](#). If you require further information regarding trekking clothing, altitude sickness and a good season to trek in Bhutan, please write us an email. We are happy to arrange Hotels and another ground handling services in Kathmandu on request. We also have our own hotel in Kathmandu (Green Eco Resort) and organizing trekking and tours all over Nepal since 2006.

Trip Facts

Trip Duration	9 Days
Trip Grade:	Moderate to fairly hard
Best Season	March-may, Oct - November
Per Day Hiking:	5-6 hr
Elevation	4820m
Accommodation	Hotel/ Guest House/ Tent

Transportation

Private/ flight

Itinerary Details

Day 01: Arrival at Paro:

Take a flight to Paro (Bhutan international airport). Upon arrival at Paro airport, received by our representative of Bhutan with warm greetings and transfer to the hotel. Check in to Hotel and after refreshment visit Kichu Lhakhang, National Museum, Paro Rinpung Dzong and Dungtse Lhakhang and dinner at hotel/local restaurant. overnight at hotel in paro.

Day 02: Paro - Shanra (Start of Trek) 2820m:

The trek starts from Gunitsawa Village and passes the army check post. Your trekking permit will be checked and endorsed. The trail will be following the Paro river and we pass cultivated fields and tiny web picturesque villages. The forests are alive with numerous birds and brightly colored butterflies. Breakfast, lunch and dinner will be provided from our kitchen. Overnight at camp Sharna .

Distance 14 Km

Time 5 - 6 hours

Overnight in Camp.

Day 03: Shana - Thangthangka 3610m

The trail follows the river through a heavily forested area with a few isolated farmhouses. It narrows and closes in and the trail winds up and down along the drainage. We pass a junction en route, where another path leads north over the Tremo La to Tibet. The camp is in a meadow with a stone shelter.

Distance 21 Km

Time 7 - 8 hours.

Overnight in Camp.

Day 04: Thangthangka - Jangothang 4115

In the morning after passing a small army post, the trail slowly leaves the forest line and gradually climbs into a beautiful valley, passing Tekithang, a winter home of yak herders. Lunch will be served in one of these huts. Lots of yaks will be seen today before we arrive at the Jhomolhari base camp (4,115 m). High mountains overlook the camp and visible nearby are the ruins of an old fortress used to guard Bhutan against Tibetan invasions.

Distance 15 Km

Time 5 - 6 hours

Overnight in Camp.

Day 05: Trek to Jangothang 4000m.m

Rest day at Jangothang, enjoy the superb view all around. During the halt at Jangothang base camp the client can walk to the Nomads house and see the leaving of high people leave and also hike to the lake which it take almost one hrs going up and down.

Overnight in Camp.

Day 06: Jangothang - Lingshi 3800m

The trail follows the stream for half an hour and crosses the bridge to the right side. Start the climb up to the first ridge with a breathtaking view of Jumolhari, Jichu Drakey and Tsrin Ghang. Then walk towards the valley, almost flat for a while, until the climb to the Nyeley la pass at an altitude of 4,700 meters.

After the pass it's a gradual descent to the Lingshi camp, enjoying the panorama view of the peaks and Lingshi dzong.

Walking time 7-8 hours.

Overnight in Camp.

Day 07: Lingshi - Shodu 4080m

The trail today climbs to Yalila Pass (4820 m), from where on a clear day, impressive views of Mount Jumolhari, Tserim Kang and Masagang can be seen and the lunch will be served on the way.

Overnight in Camp at Shodu.

7-8 hrs walk.

Day 08: Shodu - Barshong 3600m

This is the place where one comes back to the tree line. The path follows the Thimphu River, descending through rhododendron, juniper and other alpine forest. The view of the cliff facing rocks and waterfalls are stunning. Hot lunch will be served by the riverside. After lunch the trail gradually ascends to the ruins of the Barshong dzong, reaching the camp at the altitude 3600meters.

Walking time 6-7 hours.

Overnight in Camp.

Day 09: Barshong - Dodana and over night at Thimpu

The road descends through alpine forest and we once again join Thimphu River for a while. The path descends through bamboo forest all the way to Dodana and Lunch will be served on the way. After lunch again you can walk down hill and your car will be waiting for you.

Walking time 5-6 hours.

overnight in the hotel Thimphu.

Day 10: Thimphu Sightseeing

Thimphu Sightseeing which includes visiting Memorial Chorten which was built in 1974, for the memorial of second king Jigme Dorji Wangchuk. visit Art & Crafts school, National library, Handicraft show rooms, and stroll around town till lunch and after lunch drive to Paro for overnight.

Day 11: Departure to onward destination

Early morning breakfast, drive to the airport and farewell for your next destination.

Cost Includes :

- Breakfast, lunch and dinner from restaurant/ Hotel
- Accommodation in 3 star standards Hotel on twin sharing.
- Transportation by private jeep
- English speaking local guide
- Flight to and from Paro
- Bhutan entry visa and travel permit
- All the land transfer while in Bhutan as per itinerary
- Entrance while sight seeing
- Our service charge and government taxes.

Cost Excludes :

- Laundry, any drinks in the hotel, Tips for the guide and Driver.
- Departure tax form Nepal
- Flight to Nepal and reentry visa
- Hotel and other local tour n Nepal (that can be included on request)
- All the expenses after arrive in Nepal
- Personal trekking gears (equipment including sleeping bag, stick or etc)
- Your travel insurances'