

11 Days Jomolari Trekking



Introduction

It is a classic 9-day Trek starting from (Drugyal Dzong) Paro and end at Dodena near Thimphu . The route passes through two high passes from Jangothang. Jumolhari Mountain (7314 M) from Jangothang is spectacular The Trek is strenuous and is very popular. The highest point is 4115 M.

Trip Facts

Trip Grade:	Moderate to fairly hard
Best Season	March-may, Oct - November
Per Day Hiking:	5-6 hr
Elevation	4820m
Accomodation	Hotel/ Guest House/ Tent
Transportation	Private/ flight

Itinerary Details

Day 01: Arrival at Paro:

Upon arrival at Paro airport, received by representative of Bhutan and transfer to the hotel,after check inn hotel visit Kichu Lhakhang,National Musium,Paro Rinpong Dzong and Duntse Lhakhang and dinner at hotel/local restaurent.overnight at hotel paro.

Day 02: Paro - Shana (Start of Trek):

Our trek to Shana starts at Drukgyal Dzong following the Paro river and we pass cultivated fields and tiny web picturesque villages. The forests are alive with numerous birds and brightly colored butterflies. Overnight at camp Shana . Altitude 2,820 m; Distance 14 Km; Time 5 - 6 hours. Overnight in Camp.

Day 03: Shana - Thangthangka:

The trail follows the river through a heavily forested area with a few isolated farmhouses. It narrows and closes in and the trail winds up and down along the drainage. We pass a junction enroute, where another path leads north over the Tremo La to Tibet . Camp is in a meadow with a stone shelter. Altitude 3610 m; Distance 21 Km; Time 7 - 8 hours. Overnight in Camp.

Day 04: Thangthangka - Jangothang:

In the morning after passing a small army post, the trail slowly leaves the forest line and gradually climbs into a beautiful valley, passing Tekithang, a winter home of yak herdermen. Lunch will be served in one of these huts. Lots of yaks will be seen today before we arrive at the Jhomolhari base camp (4,115 m). High mountains overlook the camp and visible nearby are the ruins of an old fortress used to guard Bhutan against Tibetan invasions. Altitude 4,115 m; Distance 15 Km; Time 5 - 6 hours. Overnight in Camp.

Day 05: Jangothang:

Rest day at Jangothang, enjoy the superb view all around. During the halt at Jangothang base camp the client can walk to the Nomands house and see the leaving of high people leave and also hike to the lake which it take almost one hrs going up and down. Overnight in Camp.

Day 06: Jangothang - Lingshi:

The trail follows the stream for half an hour and crosses the bridge to the right side. Start the climb up to the first ridge with a breathtaking view of Jumolhari, Jichu Drakey and Tsrin Ghang. Then walk towards the valley, almost flat for a while, until the climb to the Nyeley la pass at an altitude of 4,700 meters. After the pass it's a gradual descent to the Lingshi camp, enjoying the panorama view of the peaks and Lingshi dzong. Camp altitude is 4000 meters. Walking time 7-8 hours. Overnight in Camp.

Day 07: Lingshi - Shodu:

8 hrs walk. The trail today climbs to Yalila Pass (4820 m), from where on a clear day, impressive views of Mount Jumolhari, Tserim Kang and Masagang can be seen and the lunch will be served on the way. Overnight in Camp at Shodu.

Day 08: Shodu - Barshong:

This is the place where one comes back to the tree line. The path follows the Thimphu River , descending through rhododendron, juniper and other alpine forest. The view of the cliff facing rocks and waterfalls

are stunning. Hot lunch will be served by the riverside. After lunch the trail gradually ascends to the ruins of the Barshong dzong, reaching the camp at the altitude 3600meters. Walking time 6-7 hours. Overnight in Camp.

Day 09: Barshong - Dodana:

The road descends through alpine forest and we once again join Thimphu River for a while.the path descend through bamboo forest all the way to Dodana and Lunch will be served on the way , Walking time 5-6 hours. After lunch again you can walk down hill and your car will be waiting for you.overnight in the hotel Thimphu.

Day 10: Thimphu Sightseeing

Thimphu Sightseeing which includes visiting Memorial chorten which was built in 1974,for the memorial of second king Jigme Dorji Wangchuk.visit Art& Crafts school,National library,Handicraft show rooms,and stroll around town till lunch and after lunch drive to paro for overnight.

Day 11: Departure to onward destination

Early morning breakfast, drive to the airport and farewell for your next destination.

Cost Includes :

- Breakfast, lunch and dinner from restaurant/ Hotel
- Accommodation in 3 star standards Hotel on twin sharing.
- Transportation by private jeep
- English speaking local guide
- Flight to and from Paro
- Bhutan entry visa and travel permit
- All the land transfer while in Bhutan as per itinerary
- Entrance while sight seeing
- Our service charge and government taxes.

Cost Excludes :

- Laundry, any drinks in the hotel, Tips for the guide and Driver.
- Departure tax form Nepal
- Flight to Nepal and reentry visa
- Hotel and other local tour n Nepal (that can be included on request)
- All the expenses after arrive in Nepal
- Personal trekking gears (equipment including sleeping bag, stick or etc)
- Your travel insurances'